



NidderdalePlus **Befriending Service**



Are you interested in helping people?
Are you a good listener?
Are you reliable?
Can you commit to volunteering 2-3 hours most weeks?

If the answer is YES, contact
NidderdalePlus on 01423 714953 or
email: admin@nidderdaleplus.org.uk or visit www.nidderdaleplus.org.uk