

Health and Wellbeing Board

North Yorkshire



North Yorkshire Joint Local Health and Wellbeing Strategy Consultation 8th January to 31st March 2024

**Please help us find out what matters to people about
health and wellbeing by holding a community conversation**

[North Yorkshire Health and Wellbeing Board](#) is a statutory committee of North Yorkshire Council. The Board has written a new joint local health and wellbeing strategy for the county, which sets out our proposed priorities to improve people's health and reduce health inequalities, and our ideas for working together to achieve them.

We would like to know what people think about the draft strategy, to help us shape the strategy and make sure that we are focusing on the most important issues.

There are several different ways that people can get involved, including online events, drop-in events in libraries and a survey (easy read version available). Please share this information with your networks: www.northyorks.gov.uk/WellbeingStrategyConsultation

Community conversations – could you help us find out what matters to people?

We are very interested in hearing from a wide range of communities in North Yorkshire, including those who are sometimes called 'seldom-heard' or 'marginalised' communities, to find out what matters most to them. We know that reading a strategy document and filling in a survey isn't for everyone, so we also want to hold community conversations. We would be very grateful for your help with this.

If you have events, community groups, coffee mornings etc planned during our consultation period, would you be able to fit in a conversation about health and wellbeing?

We are asking people to tell us **The One Thing** they would like to see happen to improve health and wellbeing for them, their community and where they live.

Starting the conversation off – some prompts:

- What does ‘being healthy and happy’ mean to you?
- What does ‘wellbeing’ mean to you?
- What do you do to stay healthy and happy?
- What would help you to stay healthy and happy?
- What sort of things can we do together to help us stay healthy and happy?
- If we’re not feeling healthy or happy now, what might make this better for us?
- What makes a place somewhere good to live?
- What do we need around us to be healthy and happy?
- What do people in our/your community have, or do, that helps them stay healthy and happy?
- What would help people in our community to be healthy and happy?

Deciding on The One Thing: once people have had a chance to talk together about their ideas about being healthy and happy, please ask people to think about **The One Thing** – if they had to choose the most important thing they’d like to see happen to help improve health and wellbeing for them, their community or where they live (or all three), what would it be? It can be a big thing, a small thing, or something in-between!

Please note down their priorities, and include a brief description of the group of people (eg older people at a coffee morning; homeless people at a community cafe), the location and the date of the conversation. We have included a template on the next page.

Please then return your note to us at HASConsultation@northyorks.gov.uk

Please complete your conversations and return your notes to us by 31st March 2024.

Many thanks for your help with our consultation!

Read North Yorkshire Council’s privacy notice for consultations and surveys:

[Consultations and surveys privacy notice | North Yorkshire Council](#)

The One Thing community conversations
Note of conversation

Please return to HASConsultation@northyorks.gov.uk by 31st March 2024

Thank you!

Name of community group/organisation holding the conversation:
Location:
Date:
Brief description of group having the conversation (<i>eg number, approx. age range, genders, type of group eg older people, people with mental health issues, homeless people, people with sensory impairment, LGBTQ+ people - but please do not include any information that could identify an individual</i>):
The One Thing - a brief note of each One Thing decided by the people taking part in the conversation (please do not include any personal information that could identify an individual):